

## Prayer Diary – October 2025

*Lord, pour your Holy Spirit on Cromer.  
Lord, pour your Holy Spirit on the Church.  
Lord, pour your Holy Spirit on me. Amen*

Please check the Weekly Update for up-to-date news.

### USUAL WEEKLY SERVICES AND EVENTS

#### **Sundays**

- 8.45 am Traditional Holy Communion at the Parish Church.
- 10.30 am Informal service at the Parish Church, with CCKids  
Refreshments after both services.

*Both Parish Church services will be streamed on the Cromer Church YouTube channel. (Go to YouTube and search for 'Cromer Church')*

- 10.30 am Service at St Martin's with refreshments.
- 6.30 pm The Gathering at the Parish Church

#### **Mondays**

- 2.00-5.00pm Free Mustard Seed meals at St Martin's

**Tuesdays** Small groups meet in the afternoon and evening.

- 9.30 am CC Toddlers in the Parish Hall (term time)
- 7.15 pm CC Community Choir rehearsal in St Martin's

**Wednesdays** Small groups meet morning, afternoon and evening

- 10.00 am Holy Communion
- 10.am-12 Cornerstone Café
- 2.45 pm Open the Book at the Junior School (term time)

**Thursdays** Small groups meet afternoon and evening

- 9.00 am Mustard Seed at St Martin's
- 2.30 pm Meeting Point in the Parish Hall (term time)
- 2.45 pm Open the Book at the Infant School (fortnightly in term time).

#### **Fridays**

- 6.45 pm Choir Practice in the Parish Church
- 2.00 pm Table tennis group at St Martin's

## PRAYER SUGGESTIONS FOR OCTOBER

*See below for prayer requests from Mission Partners and others*

- Wed 1** People who are just beginning to know Jesus
- Thu 2** Our Mission Partner: Bible Society
- Fri 3** Carers
- Sat 4** Tomorrow's worship and teaching. (Theme: Isaiah 43v14-28 – A new thing). Speakers: Will Warren (Parish Church), Tim Britton (St Martin's)  
Pray for this month's Mission Partner: Christians Against Poverty
- Sun 5** Our services, children's groups and youth group. Our church leaders; our children's and youth group leaders
- Mon 6** Our Mission Partner: Michelle Proctor
- Tue 7** People caught up in conflict, and refugees from conflict
- Wed 8** Our Mission Partner: Hope into Action
- Thu 9** People who feel bullied at school or at work
- Fri 10** People with mental health issues
- Sat 11** Tomorrow's worship and teaching. (Theme: Isaiah 49v1-13 – The day of salvation). Speakers: Will Warren (Parish Church), John Chandler (St Martin's)  
Pray for this month's Mission Partner: Christians Against Poverty
- Sun 12** Our services, children's groups and youth group. Our church leaders; our small group leaders
- Mon 13** Our Mission Partner: Good News for Everyone
- Tue 14** Our hospitals, doctors and nurses
- Wed 15** Our Mission Partner: Tearfund
- Thu 16** Global sustainable nutrition
- Fri 17** International Day for the Eradication of Poverty
- Sat 18** Tomorrow's worship and teaching. (Theme: Isaiah 50 – The school of suffering). Speakers: David Masters (Parish Church), Will Warren (St Martin's)  
Pray for this month's Mission Partner: Christians Against Poverty
- Sun 19** Our services, children's groups and youth group. Our church leaders; other local church leaders
- Mon 20** Clean water in our country
- Tue 21** Our Mission Partner: London City Mission
- Wed 22** A global understanding of the dangers of climate change

<b>Thu 23</b>	Our Mission Partner: Canaan Christian Trust
<b>Fri 24</b>	Our police forces
<b>Sat 25</b>	Tomorrow's worship and teaching. (Theme: Psalm 119v105-112 – My lamp and my light). Speakers: All-in team (Parish Church), Café Church team (St Martin's) Pray for this month's Mission Partner: Christians Against Poverty
<b>Sun 26</b>	Our services, children's groups and youth group. Our church leaders; national church leaders
<b>Mon 27</b>	People in volunteering roles
<b>Tue 28</b>	Children, especially in our area
<b>Wed 29</b>	Train, bus, taxi, coach drivers
<b>Thu 30</b>	Our Mission Partner: CPAS
<b>Fri 31</b>	The departed, especially those dear to us

## **PRAYER REQUEST DETAILS**

### **London City Mission** (Contact: Elizabeth Bridger)

Many London Churches are partnering with LCM missionaries in door-to-door visiting and connecting with local communities. St Mary's Summertown is one such church. Their visiting programme is increasing Sunday church attendance.

One resident struggling with alcohol addiction now comes every Sunday. Another man, recently bereaved, has been transformed. God is bringing many needy people in, week by week, and people are opening up in conversation and seeking God.

LCM missionary, Gifty, (whom I met at Keswick in July), says the church's vision to reach out is now becoming a reality. LCM's door-to-door training helps to mobilise and inspire church members to engage in conversation with needy people and share the Gospel with them.

- Pray that St Mary's Summertown will continue to shine the light of Jesus in the community.

Tooting also has a large Muslim population:

- Pray that there will be a fruitful ministry for the Gospel in those communities too.

We are planning for a return visit to Cromer next September by Rebecca Tortelli and Johanna Briscoe:

- Pray for their ministries to be richly blessed in the coming weeks and months.

**Michelle Proctor (SIM)** (Contact: Tim Britton)

*Michelle writes:*

- Give thanks for a good home assignment for rest and for time with family, friends and supporting churches.
- I am so thankful for the many years I have lived in Zambia. Please pray as this time comes to a close, as I pack up my house and say good byes. Pray that I would be able to see everyone I want to before I leave.
- Pray that I can find a home for my 2 cats.

**Good News for Everyone** (Contact: Jenny Jacquier and Jenny Syder)

*Local News*

Please continue to pray for us as we endeavour to contact the North Norfolk Secondary Schools to ask if they are willing to receive the gift of Youth Testaments for the new intake of pupils. So far 500 Youth Testaments have been ordered for the academic year. These or School packs to be delivered to schools during 2025-2026. We have already delivered to Cromer Academy 139 and 22 to Beeston Hall School. Wells has contacted us and asked us to take an assembly this term and offer Youth Testaments to year 7 students. Aylesham, Reepham, Sheringham, Stalham and North Walsham will also be contacted.

*International News*

*Serbia*

The work in Eastern Europe continues. Most Sundays, Dragan, accompanied by his wife Megi, visits churches throughout Serbia to present the work of GNfE and encourage the believers in personal evangelism. The church leaders are very supportive of GNfE and are delighted to have Testaments and Hope magazines to use in personal evangelism in their local communities. After a recent church service Serif approached Dragan to share his story.

“I received a New Testament from you a few years ago when I was in prison and that Testament meant a lot to me. When I left prison, I took my New Testament with me. My friend is a pastor in Vranje and he told me to go to church. Today I am a member of the Evangelical Church in Vranje together with my family.”

Please pray for safety for Dragan and Megi as they travel and also for Zeljko in Serbia, Jovan in North Macedonia, and Karel in the Czech Republic.

**CAP – Christians Against Poverty** (Contact: Claire Harber)

Please pray for those trapped in unmanageable debt and poverty, including current and former CAP clients. Pray for justice for those struggling to make ends meet, pray for their wisdom when dealing with their finances and pray that their voices and the voices of those advocating for them are heard by those who can act for wider change.

There are many organisations working to help and serve people in poverty - food banks, soup kitchens, social housing associations and job centres. Pray that these organisations are supported to carry out the work needed. This harvest time, pray that where people are able, they would reach out to those in need to generously provide food and essentials badly needed by so many.

People at the heart of CAP know what it is like to experience debt and poverty and are sharing their stories to bring hope. Please continue to pray for CAP and all those who work and volunteer for, and the churches that partner with, CAP. Pray for wisdom in their decision-making and that they seek and listen to the Lord's guidance. Pray for their protection and ask the Lord to bless them in their work. Pray that they confidently share the gospel with those they come into contact with so that more will come to know the good news of Jesus.

**CPAS** (Contact: Vivienne Benford)

Please thank God and pray for the CPAS trustees who bring governance and oversight to CPAS and who freely give their time to support the Chief Executive Officer and senior staff in shaping strategy and policy.

Pray also for the CPAS staff that they may be guided and blessed in all that they do from events and meetings to patronage churches and Venture and Falcon holidays.

**Tearfund** (Contact: Lynda Brown and Judith Anderson)

**Please pray for Gaza and Israel**

Continue to pray for the dreadful and upsetting situation. Pray for:

- a ceasefire and sustainable solutions that will bring lasting peace and protection for all.
- immediate, safe and sustained access to life-saving aid in Gaza.
- the safe release of the remaining hostages.

### **A Prayer:**

Dear God, we cry out to you on behalf of the people seriously affected by the conflict in Gaza and the Middle East. Our hearts are breaking, and we know yours is too. We ask that you stretch out your mighty hand to bring lasting peace. May your peace reign, Saviour and the hope of the world. Amen.

### **Please pray for Afghanistan**

There have been 3 major earthquakes over 6 days in Eastern Afghanistan over the first week in September. Thousands have lost their lives and entire villages have been destroyed. Tearfund local partners are responding to the need.

*Pray for:*

- Those impacted.
- Safety, wisdom & resources for Tearfund local staff.
- Comfort for those facing loss of loved ones, homes and livelihood.
- Those in the north of the country and others suffering from the cruel regime that is affecting women especially.

Right now, the suffering around the world is hard to comprehend, yet the church is continuing to transform communities in the most crisis-hit places. Poverty is not God's plan. You are. Please PRAY.

### **Hope into Action** (Contact: Katharine Checketts)

Amazing people supporting and being supported:

- Ethan raised £15,000 walking from Land's End to John O'Groats.
- Suzie together with her Friendship and Support befriender Jessica completed the sponsored Run 10K Norwich. What an achievement for someone with a background of destitution and homelessness!

Please pray that more tenants can find hope in their future, and pray for the churches that are helping and supporting them.

## **Canaan Christian Trust** (Contact: Evelyn Smith)

*Evelyn writes:*

- We thank God for our small team of volunteers who have worked hard each week through the summer getting the house ready for each group, cleaning, washing, ironing, keeping the garden looking good etc. One group invited us to share their barbecue with them; ages were from 2 to over 80 plus 3 dachshunds.

We have a group from Hungary visiting us from 21-28th October to improve their English:

- Pray for those planning their programme and the fun they have as they learn. You may see them at Cromer church.
- Pray for our volunteers' morning on Sat 4th October. Come and join us, 9.30-12.30. Details from Evelyn 01263478372. Book for breakfast! Meet others, and maybe you will become a volunteer!

A new initiative is our Prayer Breakfast, first Monday of the month at Canaan, 6 October at 9 am.

## **Bible Society** (Contact: David Anderson)

Gulf countries are undergoing deep socioeconomic reforms, and longstanding barriers to the integration of migrant workers are gradually being lifted, but only in some cases. The reforms help foreign investors and white-collar workers but left behind are those with lower skill levels who often come from countries in Asia and Africa. These people are left on the fringes of society, often living in labour camps. The storytelling sessions funded by the Bible Society help these people trust in Jesus and then grow and strengthen their faith.

- Pray for migrant workers who are enduring hardship in the Gulf.
- Thank God for the positive impact of the Bible storytelling programme and the many changed lives. Pray for these new believers.
- Pray that the Holy Spirit will touch the hearts of many more migrant workers so that they will find true peace and hope in Jesus.
- Ask God to infuse the church leaders with renewed passion in the Gulf. Ask God to guide and protect the Bible Society in the Gulf team.

Please send prayer requests for November to  
Katharine Checketts by **Monday 20<sup>th</sup> October**